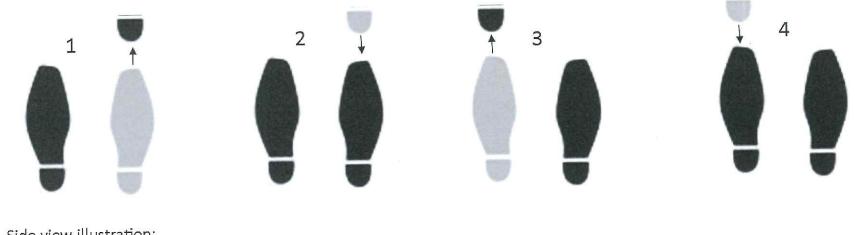
Right Heel Jacks

Level: Beginner



Side view illustration:



4 Steps in 2 counts (1&2&) where 1 is the first count, 2 is the "&" and so on...