Right Sailor Step

Level: Improver
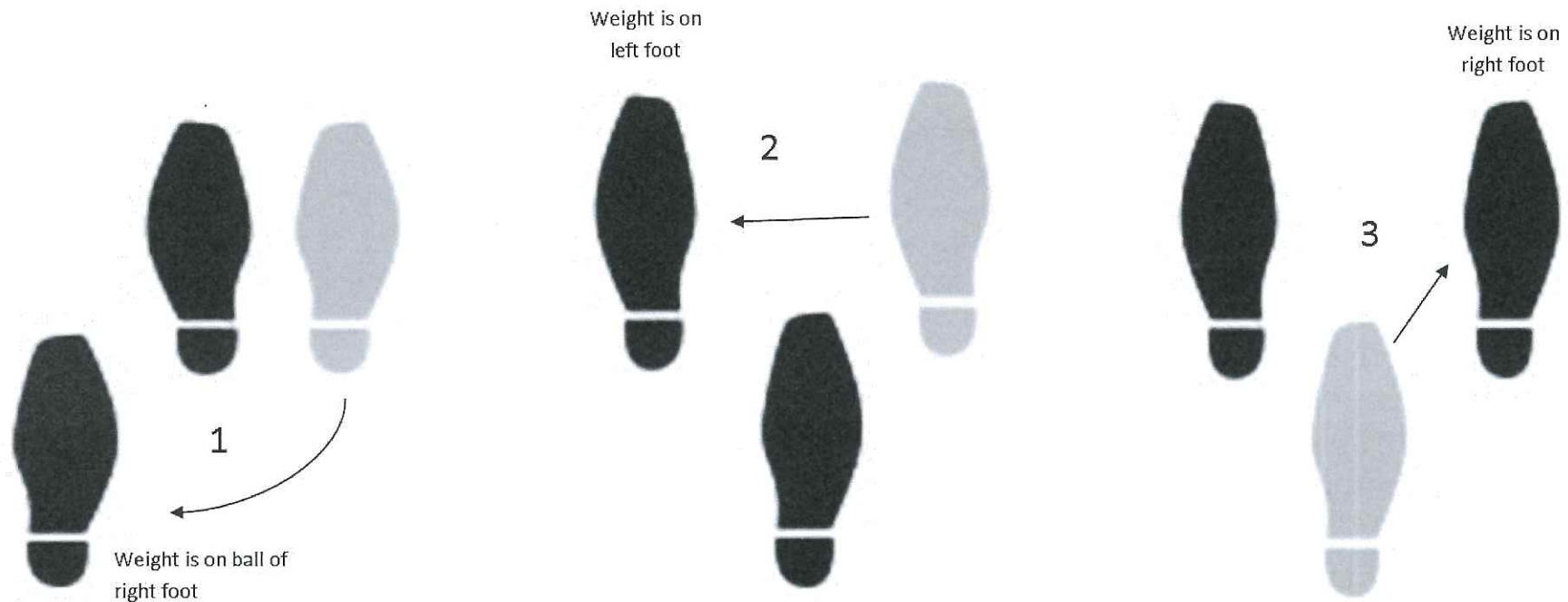
Weight is on
left foot

Weight is on
right foot

2

1

3

Weight is on ball of
right foot

Count is 1&2, so step 1 is count 1, step 2 is count "and" and step 3 is count 2.